



Adhere2Care™



## A2C SERVICES

- **UTILIZATION MANAGEMENT**

Working with your doctor to give you the health services and procedures you need.

- **CASE MANAGEMENT**

Personal RN is your advocate when you have a serious illness.

- **DISEASE MANAGEMENT**

Helps you to be in charge of your health with support and tools for diabetes, asthma, heart disease, and more.

- **ON-SITE RN**

A nurse dedicated to the Langdale members at work or at home.

## REMOTE PATIENT MONITORING (RPM)... BRIDGING THE GAP BETWEEN DOCTORS' VISITS AND DAILY LIFE

The Langdale Company has partnered with Adhere2Care, Inc. (A2C) to help you feel comfortable with managing your own health with the latest technology. A2C is here to work with Langdale members, especially those with Chronic Conditions like Diabetes, High Blood Pressure, and Heart Failure. Remote Monitoring will allow you to maintain your independence, prevent complications and minimize personal costs with smart glucose monitors, blood pressure monitors and scales that send your readings to our personal team of nurses.

These tools are 100% covered. Tracking your blood pressure and glucose can identify a warning trend. Early detection of a problem may help you avoid a visit to the Emergency Room or a hospital stay! The A2C nurses are here to answer questions, provide tips, education and support. They work with YOU and YOUR doctor to help you take charge of your health and healthcare needs.

**Healthcare and  
technology**

*Because We Care*